

# **PEOPLE'S HEALTH & WELLNESS CLINIC**

553 North Main Street • Barre, VT 05641 • Telephone (802) 479-1229  
*Serving the Uninsured and Underinsured of Central Vermont*

## **MORETOWN TOWN MEETING 2014** **2013 People's Health & Wellness Clinic Program Summary**

The Mission of the People's Health & Wellness Clinic is to provide primary health care and wellness education to uninsured and underinsured central Vermont residents who could not otherwise afford these services.

In 2013, the People's Health & Wellness Clinic provided 2551 patient interactions, including 1464 medical visits, to 654 individual patients, a 19% increase over 2012. 336 of these patients were new to the Clinic. We provided 220 medical consults, 602 diagnostic tests, and 52 dental referrals. Our services include screening all patients for eligibility in a variety of health insurance and assistance programs. We also helped many of the 654 patients navigate the application process for a variety of programs including, VHAP, Medicaid, Catamount, Ladies First, Medicare, Healthy Vermonters, Affordable Meds, and Central Vermont Medical Center's patient financial assistance program. We were able to successfully enroll them 658 times, many in more than one program.

In 2013, Moretown residents came for 14 medical visits, representing 9 unduplicated patients. We provided 4 case management visits, 11 diagnostic tests (labs, x-rays, etc.) and provided prescriptions and pharmaceutical samples 3 times. We helped 3 individuals navigate the new health care system and successfully enroll into health insurance and assistance programs. Since we began our oral health care program in July of 2013 we have had 1 dental history screening for a Moretown resident.

Volunteer practitioners are the heart of our service model. In 2013, over 120 volunteers gave over \$179,000 worth of their time serving our patients. We also received over \$273,000 worth of pharmaceuticals and medical supplies for our patients, paid for \$17,066 of diagnostic testing, and got another \$29,000 of tests donated.

In July, we began a new oral health program and have a network of regional dentists who are seeing our patients on a referral basis. This is a program we hope to grow, and have just received a grant to install a chair and dental equipment in order to provide oral hygiene for our patients on site.

2013 was our fourth year of providing special Women's Clinics, in collaboration with Central Vermont Medical Center, and funded by the Susan G. Komen for the Cure and Ladies First. Complete women's physicals, self-examination techniques, and access to free mammograms, other diagnostic tests, and insurance coverage have brought comprehensive and preventive care to another group of central Vermont's uninsured residents.

We define our primary service area as all of Washington County, plus the Orange County towns of Orange, Washington, and Williamstown, but we do not restrict geographic access, and ended up serving people from 49 Vermont towns. While our income guidelines go up to 300% of the Federal Poverty Level (FPL), over 83% of our patients fall under 185% FPL (\$21,257 gross a year for an individual - \$28,694 for a couple).

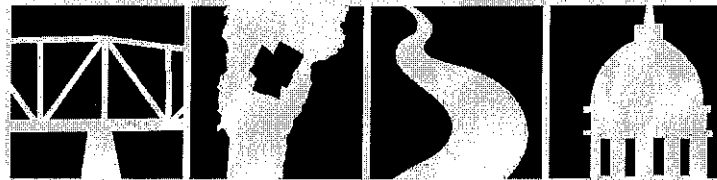
2014 will continue to bring changes to Vermont's health care system, as the federal Affordable Care Act and state legislation continue to be implemented. The new Health Care Exchange, called "Vermont Health Connect" began in October 2013 and has brought many challenges to those wanting to sign up. This on-line system is supplemented by face-to-face "patient navigators," very much along the lines of what PHWC has been doing for years to assist our patients apply for and enroll in various health insurance and assistance programs.

However, many of Vermont's current programs have disappeared, including Catamount Health Assistance Plan and Vermont Health Access Plan (VHAP). Cost-sharing for patients – premiums, co-pays, and deductibles – are currently proposed to change significantly. Dental care for adults is not covered under Exchange plans.

This has caused uncertainty and some turmoil among our patients, current policy-holders, and the public, as employees and employers are examining how they currently provide and access health coverage. We are intimately involved in the public policy discussions on how these changes will occur and impact our patients, and intend to do all we can to help our patients continue to access quality and affordable health care, both through private and public insurance coverage, and at the Clinic.

We are very grateful to have had the support of every town in central Vermont, including Moretown, as we do our work. This helps us leverage other funding from foundation and corporation grants. Thank you again for continuing to support the efforts of the People's Health & Wellness Clinic.

Peter Youngbaer, Director



## Central Vermont Regional Planning Commission

### TOWN OF MORETOWN

The Central Vermont Regional Planning Commission is a consortium of 23 towns and cities in Washington County and western Orange County. The Commission has been providing planning and development assistance to communities since 1967 through its experienced and knowledgeable staff. CVRPC is governed by appointed representatives from each municipality in the region.

The Commission provides assistance on municipal plan and bylaw updates, and this year continued its focus on town planning and enhanced consultations with local officials. The Commission's Transportation Advisory Committee (TAC) continued to evaluate the regional inter-modal transportation needs and make recommendations on projects that should be included in the State Transportation Agency's 5 year capital program. CVRPC also continued its work on the development of local hazard mitigation plans, population and housing growth, and river and stream assessments to support transportation and water quality improvements. The Commission has also been actively involved in assisting towns with the development or updates of BEOP's (Basic Emergency Operations Plans). Continuing with its energy work from 2010, CVRPC worked with Efficiency Vermont on the Home Energy Challenge assisting the 15 Central Vermont communities that joined the Challenge. The Commission's work continued this year with providing assistance to towns on flood issues from Tropical Storm Irene and subsequent storms. Assessment and mapping services were provided to those towns impacted, and work is ongoing as it relates to procuring grant funds for repairs to local infrastructure. CVRPC received a grant to work with towns on assessing green infrastructure barriers and developing language for town plans and bylaws. CVRPC began its Regional Plan 2016 update process with its "*Plan Central Vermont*" outreach effort to involve members and residents in the work of building a sustainable and engaged Region.

This year, the Commission supported the efforts of the Town with administration of the Mad River Resource Management Alliance, Mad River Byway project, Town Plan updates, high risk rural road assessment, flood resiliency, Road Surface Management System, culvert inventory, local hazard mitigation planning, updated GIS maps, assisted with the Route 2/100 intersection study, performed traffic counts, and did a comprehensive review of the Town's planning efforts.

The Commission also sponsors regional planning programs, provides a forum for inter-municipal cooperation, and participates in state regulatory proceedings for projects that have impact across municipal boundaries. Significant staff time this year was spent working with municipalities on mapping and analysis of current bylaws to understand how they influence future development patterns. CVRPC can also provide model bylaws and assist municipalities with the administration of grants.

Thank you for your continued support for local and regional planning. Please call us for assistance with planning, zoning, transportation, recreation, mapping, or data needs. For more information, you can reach us at (802) 229-0389, or visit our website [www.centralvtplanning.org](http://www.centralvtplanning.org) and **Find us on Facebook!**

Susan M. Sinclair, Executive Director  
Dara Torre, Commissioner

January 11, 2014

The Mad River Resource Management Alliance includes the Towns of Duxbury, Fayston, Moretown, Northfield, Roxbury, Waitsfield, Warren and Waterbury. The Alliance was formed through an Interlocal Agreement that began in 1994. We changed our name in 2008 to reflect the fact that we are managing resources not wastes. Northfield and Roxbury joined the Alliance in 2010.

During 2013, the Alliance held two regular Household Hazardous Waste Collection Day events at the Harwood Union High School in Duxbury on May 11, 2013 and on October 5, 2013. A total of 390 households participated in the regular events this year which represents 5 % of our population. We collected over 1095 gallons, 1,500 pounds and 3,684 feet of fluorescent bulbs at the two events. Residents within the Alliance communities are able to bring all their waste pesticides and up to 10 additional gallons of hazardous waste to each event for disposal at no charge. The Alliance will swap your mercury fever thermometer for a digital thermometer at no charge at these events. Bring your mercury thermostats to the Household Hazardous Waste Collection and you will receive a coupon that can be redeemed for a \$5.00 rebate by the Thermostat Recycling Corporation which will process the thermostats. Residents can also bring all their compact fluorescent bulbs (CFLs) or up to ten or fewer non-CFL general purpose mercury containing lamps. Starting with the 2014 season as a result of product stewardship legislation Vermonters will be able to bring their latex and oil based paints to our Household Hazardous Waste Collections. We are again planning two collection day events in 2014 at Harwood Union High School. They are scheduled for May 10 and October 4, 2014. We will also be holding a satellite collection in Northfield on October 4, 2014.

Over 482 gallons of used crankcase oil was collected within the Alliance at our Used Oil Collection Tanks during 2013. The tanks are located in Waitsfield at the Earthwise Transfer Station, Northfield Transfer Station and at the Moretown Landfill, Inc..

The Alliance is working with The Highfields Institute to provide training and educational programs that results in the composting of food scraps that have been diverted from Washington West Supervisory Union school waste streams. A total of 44 tons of food scraps from Washington West Supervisory Union School District were collected during the 2012-2013 school year for composting at the Grow Compost of Vermont facility in Moretown. Grow Compost waived their tipping fee for WWSU to encourage their participation in the program. Thanks for Grow Compost's support of the school program. The Alliance textile recycling program at the Moretown Landfill in conjunction with the Southeastern Vermont Community Action was moved to the side of the driveway at the Moretown Town Office on Route 2. You can bring all your clean clothing, linens and shoes to this site at no charge. A total of 1.6 Tons were collected in 2013. Visit our web site at [madriverrma.org](http://madriverrma.org). You will find information on solid waste issues on this web site.

The seventeenth truckload sale of compost bins resulted in the distribution of 54 compost bins and 14 kitchen collectors. It is estimated that each compost bin can compost 650 pounds of garden and kitchen waste annually. This means rich soil to add to your garden and less waste to go to the landfill. We will hold our Eighteenth Compost Bin Sale this spring. The Alliance held a car and pickup truck tire and metal collection event at the Moretown Landfill, Inc. and at the Earthwise Transfer Station in conjunction with Green Up Day in 2013. A total of ~ 508 tires and ~1 ton of metal were collected during this event. In the fall Alliance residents participated in the Wheels for Warmth Program held on October 26. We are planning to hold a spring tire and metal collection in conjunction with Green Up Day on May 3, 2014. In the fall, the Alliance will again coordinate with the organizers of the Wheels for Warmth Program in Middlesex to encourage participation in this program.

The certification of Cell 3 of the Moretown Landfill, Inc. (MLF). expired on July 15, 2013 and at that point the landfill was closed. An application for a Cell 4 has been submitted to the Vermont Department of Environmental Conservation. The permitting process with public participation will begin in 2014. Alliance residents can bring their mixed paper, glass bottles and jars, metal cans and plastics #1 through #7, except for plastic film wrap and bags and beaded styrofoam for single stream recycling to the Earthwise Transfer Station, RTR Transfer Station or Northfield Transfer Station. There are also local haulers and Saturday Fast Trash Collections available in the Mad River Resource Management Alliance. Currently the recyclables are taken to the Chittenden County Materials Recovery Facility for processing. The Moretown Landfill, Inc. participated in the free disposal of roadside litter during the Green Up Day celebrations. Computers, printers, monitors and televisions can be recycled at no charge at the Earthwise Transfer Station, RTR Transfer Station or Northfield Transfer Station. From October, 2012 through September, 2013 more than 61 tons of e-waste was collected. Additional information on this program is found on our web site. The Alliance is a member of the Northeast Resource Recovery Association which helps us market some recyclable commodities such as tires, propane cylinders and other materials. The Alliance is also a member of the Product Stewardship Institute (PSI). As a stakeholder in the PSI we work with other entities to reduce the environmental and health impacts of a variety of consumer products. This is accomplished by looking at the life cycle impacts of products and their packaging. Things like energy and materials consumption, emissions during manufacturing, toxicity, worker safety and waste disposal are among the issues reviewed. The objective of product stewardship is to rethink the way things are created in order to have more sustainable products in the future. We are also a member of the Vermont Product Stewardship Council which provides a local focus to stewardship issues.

Backyard burning of trash is illegal and causes air pollution problems. Be a good neighbor and don't burn trash. If you know of any illegal dumping sites within your town that would benefit from an Adopt a Site Program give John Malter, Alliance Administrator a call at 244-7373 and let's see what we can do to help eliminate these types of problems together. The FY 14 assessment for the administrative and program costs is \$2.75 per capita. The Central Vermont Regional Planning Commission provides accounting support to the Alliance. We thank them for this assistance.

The representatives of the Alliance include: Duxbury; Diane Lynch; Fayston; Bob Vasseur; Moretown; Jonathan Siegel; Northfield; Ruth Ruttenberg; Roxbury; Dave McShane; Waitsfield; Chris Pierson; Warren; Cindi Jones; Waterbury; Ed Steele and John Malter from Waterbury is the Administrator for the Alliance.

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Montpelier, VT 05601-1439



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Email: [cvedc@sover.net](mailto:cvedc@sover.net)  
Web Site: [www.central-vt.com/cvedc](http://www.central-vt.com/cvedc)

November 25, 2013

To: **Cherilyn Lamson**  
**Town of Moretown**

From: Sam Andersen  
Executive Director  
CVEDC

#### 2014 Town of Moretown Annual Report- Updated Report

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At the end of 2012, CVEDC, GMNEDC, and CVCAC were awarded a \$1 Million CDBG-DR Grant for businesses in the Washington and Windsor County regions for 'unmet needs' from Tropical Storm Irene. CVEDC went to work to bring assistance to the affected businesses in our region. We partnered with the Central Vermont Community Action Council (CVCAC) and Green Mountain Economic Development Corporation (GMEDC) to administer the grants and we are pleased to announce that we have issued awards to 42 businesses. Assistance went to manufacturers, service providers, restaurants, farms, and property owners of commercial buildings.

Additional federal funds are being made available and CVEDC, GMEDC, and CVCAC have applied for another round of grant funding. We anticipate a formal response by early November. If a business still has 'unmet needs' from Tropical Storm Irene, please contact Sam Andersen, Central Vermont Economic Development Corp., 802-223-4654, or [cvedcevp@sover.net](mailto:cvedcevp@sover.net) for businesses located in Washington County and the towns of Orange, Washington, and Williamstown.

CVEDC continues to focus on 'Retention and Expansion' of our existing businesses. To accomplish this goal, staff conducts an active Business Contact & Visitation Program. Establishing a working relationship with the Central Vermont business community is paramount. Staff not only gathers information regarding specific challenges and issues for the business but also relays the suite of tools available from the State of Vermont and other program partners such as USDA Rural Development, the Small Business Administration, as well as our regional partners. CVEDC maintains a strong relationship with the Department of Economic, Housing, and Community Development staff on a

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regular basis. CVEDC implements a coordinated response to business needs, leveraging all the available economic development tools. CVEDC is actively engaged with over 20 municipal and regional organizations and committees. We work closely with the local development corporations in our region to bring coordinated assistance to business projects.

The Central Vermont Economic Development Corporation (CVEDC) provides a suite of programs and services that include; promoting our region to those businesses considering relocation to Vermont, and working on improving the infrastructure necessary for economic growth in Vermont. CVEDC has and will continue to work in partnership with all the Central Vermont municipalities, and community stakeholders to advance those initiatives identified by **Town of Moretown** as important to their residents and the economic well-being of the community. In addition, the issues of workforce development, telecommunications and housing remain top priorities for CVEDC.

Workforce development is a top priority for CVEDC. CVEDC initiated the first Workforce Investment Board and helped to restructure the organization into the Central Vermont Workforce Development Board. We continue to participate both on the Advisory Board and the Executive Committee. CVEDC is very committed to two of the initiatives as we participate in a leadership role with the Annual Job Fair and the Annual Business Survey. The past year's Fair was held on April 4, 2013. Approximately, 785 job seekers attended the event. Over 40 businesses and State of Vermont Agencies participated in the event. The 2014 Job Fair will be held on April 3, 2014 at the Barre Auditorium. Please visit [www.centralvtjobfair.com](http://www.centralvtjobfair.com) for more information.

CVEDC continues our Revolving Loan Fund for Telecommunications Infrastructure projects. The original initiative, funded by USDA Rural Development, was extended and additional funds were granted so that the service can continue to be brought to un-served municipalities in our region. To date, the initiative has brought high-speed wireless internet to several hundred residents/businesses in our outlying rural communities. This initiative was the first of its kind conducted by a regional development corporation in partnership with a wireless service provider.

CVEDC also continues to administer USDA RBEG/RBOG grants in our region. We have secured funds for a number of small businesses to assist with either marketing initiatives and/or product development. The businesses are from a variety of industry sectors including value-added agri-business, alternative energy, and digital/web services.

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In June, 2013, CVEDC held its annual business seminar. Approved for continuing education credits by HRIC for Human Resource staff, the event hosted over a hundred business people at Norwich University. This year Pat Cashman from the state of Washington spoke on the topic, 'Are you still relevant?'. He dissected the reasons for the staggering success stories and he pinpointed the warning signs that were ignored by those who failed. Pat also discussed the 12 reasons why smart organizations thrive in any economy.

The Small Business Development Center is co-located in CVEDC's offices and continues to provide the **Town of Moretown** residents with information and assistance regarding starting a new business or providing assistance to an existing business with marketing, financing and other issues. In addition, the 'How to Start Your Own Business' seminars are offered both on line and in person to all Central Vermont residents.

We greatly appreciate the support given to the Central Vermont Economic Development Corporation by the **Town of Moretown** and we look forward to continuing and strengthening our relationship in the future. Your financial support is critical so that we may continue or work on the issues of economic vitality for the Central Vermont region. We are always available to meet with Town Select Boards, Councils, and special committees on economic development and vitality issues.

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## **CENTRAL VERMONT ECONOMIC DEVELOPMENT CORPORATION**

### **WARNING ITEM**

To see if the **Town of Moretown** will appropriate \$800 (Eight Hundred Dollars) to the Central Vermont Economic Development Corporation, a non-profit organization, working toward economic growth, more job opportunities and increasing the tax base for Washington and northern Orange County cities and towns.

Requested for:

Central Vermont Economic  
Development Corporation  
P.O. Box 1439  
Montpelier, VT 05601  
(802) 223-4654 (TEL)  
(802) 223-4655 (FAX)  
[cvedc@sover.net](mailto:cvedc@sover.net)  
[www.central-vt.com/cvedc](http://www.central-vt.com/cvedc)





## FAMILY CENTER OF WASHINGTON COUNTY

....serving families in Moretown

The Family Center of Washington County fosters the positive growth and development of young children and their families. The Family Center's array of services includes: infant, toddler and preschool child care, playgroups for children from birth to five, parent education and outreach activities – for mothers and fathers, training for child care providers, assistance to parents in finding and paying for child care, and planning and coordinating the Central Vermont Building Bright Futures Council's region-wide programs for parents as first teachers of their children.

**Among the 24 individuals in Moretown who benefited from the Family Center's programs and services from July 1, 2012 – June 30, 2013 were:**

- \* 2 who consulted our **Child Care** and other **Resource and Referral services**, receiving assistance in finding suitable child care to meet their needs, answering questions related to child care and child development, and receiving information about other community resources available to them.
- \* 2 **families** who received **assistance paying for child care**.
- \* 5 **licensed and registered child care providers** and other support agencies who consulted our **Provider Support services**, and received monthly newsletters and training on a wide variety of topics through home visits, conferences and workshops.
- \* 1 **child and 2 adults** who participated in our **Playgroups**. Playgroups are free, open to all families with children birth to five, and have no eligibility requirements. Children have a chance to play with others in a safe, stimulating and nurturing environment. Parents talk to other parents, draw upon each other for support, learn new skills from Playgroup Facilitators and get information about community resources.
- \* 9 **children and parents** who attended our **community events**.
- \* 2 **individuals** who were served by one of our specialized **Home Visiting services**, providing parent and family education and support.
- \* 1 **community member or child care professional** who planned local and regional **Building Bright Futures Council activities or Children's Integrated Services** activities.

We are grateful for the support shown by the voters of Moretown. For more information about any of our programs, please contact Lee S. Lauber, Executive Director, at 262-3292, Ext. 118, e-mail us at [familycenter@fcwcv.org](mailto:familycenter@fcwcv.org), or visit our website at [www.fcwcv.org](http://www.fcwcv.org).

*"...fostering the positive growth and development of young children and their families."*

Washington County Sheriff's Department  
10 Elm Street, Po Box 678  
Montpelier, Vt., 05602  
802-223-3001  
W. Samuel Hill, Sheriff

November 01, 2013

Town of Moretown  
Board of Selectmen

Re: Annual Report  
July 01, 2012 – June 30, 2013

Vermont Sheriffs and their Offices, having been set forth by our Constitution, were the original law enforcement for each County. There have been many changes in law enforcement since the time the Constitution has been written. Many communities have their own police force or have coverage provided by the Vermont State Police. Sheriffs, by Vermont law, are tasked with service of civil process and transporting prisoners. All other law enforcement functions provided by the Sheriff's Office are by contract or agreement. This allows Sheriffs' Departments to contract with Towns to provide law enforcement coverage.

In Washington County we have contracts with 10 towns for varying amounts of coverage. Our contracts provide motor vehicle patrols to assist with keeping highways and roadways safe for the motoring and pedestrian traffic as well as for visibility in the community. The Department has an agreement with the State Police in Middlesex to be the first responder to serious complaints received by the State Police, if we are patrolling in the area or nearby and are requested by the State Police to respond.

The Sheriff's Department does not provide 24/7 police coverage or take criminal complaints as part of our contracts. If complaints arise, citizens should call the Vermont State Police for immediate assistance. Although our main function is not primary law enforcement coverage, we take great pride in being able to be part of keeping the citizens and visitors within the County safe.

During FY 13 the Department wrote 995 Vermont Traffic Citations and documented involvement in 358 incidents. The Department transported 699 persons and received requests to serve 2877 pieces of Civil Process.

The Department has a full time staff of 10 deputies and two office staff and a part time roster of 28 deputies. With this staffing the Department transports prisoners, mental health patients and juveniles; provides court security; provides construction and security details and serves civil process. We also make a valid effort in keeping our highways and roadways a safer place. The Sheriff's Department is able to assist in highway safety

through the ten (10) patrol contracts with towns within the County and through Grant Funding from The Governor's Highway Safety Program for DUI and SHARP (Safe Highway Accident Reduction Patrol). The Department is also involved in START patrols, to curb teen alcohol use. We also have an active Snowmobile Patrol, which due to snow fall last winter deployed very little. The Department also provided security for the FEMA Office in Montpelier, during the fall and winter, until the office closed.

In the past fiscal year we continue reaching out to the community by offering a Hunter Safety class at the East Montpelier School and giving demonstrations of the "rollover convincer" (a seat belt usage demonstrator) at community events. During the Christmas/New Year's Holiday we place signs at strategic intersections around the County, reminding people to drive safely and have a "Safe and Happy Holiday".

In the spring of 2013 the Sheriff's Department was once again honored by Vermont's Governor Highway Safety Program. Our Department placed 3<sup>rd</sup> in the Sheriff's division of the Vermont Law Enforcement Challenge, being recognized for our efforts in keeping the roadways safe within Washington County in 2012.

On March 1, 2013 a 13 year veteran of the Department retired. Sgt. Bruce McClure ended his long career in law enforcement. Sgt. McClure retired from the Vermont State Police, to become the Chief of Northfield, VT Police Department. After leaving the Chief's position, Bruce received a commission at the Sheriff's Department. After well over 40 years of law enforcement service Bruce is going to take some time to enjoy his family and ride his Harley.

In the course of our patrol efforts in Moretown, many vehicles were stopped and at times warnings were given. The following Vermont Traffic Complaints were written by the Washington County Sheriff's Department while on patrol in your town: (does not include warnings)

Violation	Description	Total
23V1003	STATE SPEED ZONES	2
23V1007A	LOCAL SPEED TOWN HIGHWAY	18
23V1048	STOP/YIELD INTERSECTIONS	4
23V1081B	BASIC RULE >50 MPH	21
23V1221	CONDITION OF VEHICLE	1
23V1222	INSPECTION OF REGISTERED VEH	10
23V1258	FAIL USE CHILD RESTRAINT SYSTE	1
23V301	NO REGISTRATION	2
23V601	OPERATING WITHOUT A LICENSE	2
23V676AB	DRIVING LICENSE SUSPENDED	2
23V800A	INSURANCE CERTIFICATE	3
Report Totals		66

The Sheriff's Department also dealt with or assisted with several incidents in Moretown.

Observed Offense	Total Incidents
0099 Consent Search	1
2634 ARREST ON WARRANT - POLICE CHK	1
3619 DLS Criminal	2
ASST Agency Assist	4
MAST Motorist Assistance	2
PSC Suspicious Person/Circumstance	1
THAZ Traffic Hazard	2
<hr/>	
Total Incidents for This Agency:	13

We at the Sheriff's Department are proud of the work we do and hope to continue serving the Town of Moretown

Professionally,

W. Samuel Hill  
Sheriff



# **Central Vermont Home Health & Hospice**

**A Century of Caring and Quality**

## **2013 ANNUAL SERVICE REPORT**

**Town of Moretown**

**December 31, 2013**

Central Vermont Home Health and Hospice (CVHHH) is a 102 year-old full service, not-for-profit Visiting Nurse Association governed by a local voluntary Board of Directors. Serving the residents of 23 Central Vermont towns in the comfort and privacy of their own homes, CVHHH is committed to providing high quality, medically-necessary home health and hospice care to all Central Vermonters regardless of their ability to pay. The agency also promotes the general welfare of local community members with long term care and health promotion activities including flu and pneumonia vaccinations, health screenings, foot care clinics, and international travelers' health. In addition to direct patient care, our hospice program offers comprehensive bereavement services and volunteer training.

### **Twelve Month Report of CVHHH Services to the Town of Moretown December 1, 2012 to November 30, 2013 \***

<b>Program</b>	<b># of Visits</b>
<b>Home Health Care</b>	644
<b>Hospice Care</b>	35
<b>Long Term Care</b>	784
<b>Maternal Child Health</b>	0
<b>TOTAL VISITS/CONTACTS</b>	1463
<b>TOTAL PATIENTS</b>	38
<b>TOTAL ADMISSIONS</b>	49

**\*Audited figures not available at the time of report submission. Preliminary figures are not expected to vary significantly.**

Town funding will help ensure CVHHH continues these services in Moretown through 2014 and beyond. For more information contact Sandy Rousse, President/CEO, or Lindsay Kurlle, Community Relations and Marketing Manager, at 223-1878.

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2014 will continue to bring changes to Vermont's health care system, as the federal Affordable Care Act and state legislation continue to be implemented. The new Health Care Exchange, called "Vermont Health Connect" began in October 2013 and has

brought many challenges to those wanting to sign up. This on-line system is supplemented by face-to-face "patient navigators," very much along the lines of what PHWC has been doing for years to assist our patients apply for and enroll in various health insurance and assistance programs.

However, many of Vermont's current programs have disappeared, including Catamount Health Assistance Plan and Vermont Health Access Plan (VHAP). Cost-sharing for patients – premiums, co-pays, and deductibles – are currently proposed to change significantly. Dental care for adults is not covered under Exchange plans.

This has caused uncertainty and some turmoil among our patients, current policy-holders, and the public, as employees and employers are examining how they currently provide and access health coverage. We are intimately involved in the public policy discussions on how these changes will occur and impact our patients, and intend to do all we can to help our patients continue to access quality and affordable health care, both through private and public insurance coverage, and at the Clinic.

We are very grateful to have had the support of every town in central Vermont, including Montpelier, as we do our work. The level of funding doesn't come close to covering our costs, but it helps us leverage other funding from foundation and corporation grants. Donations are actively sought, and gratefully accepted. Thank you again for continuing to support the efforts of the People's Health & Wellness Clinic.

Peter Youngbaer, Director

## Vermont Association for the Blind and Visually Impaired Report of Services for Town of Moretown

More than 10,500 Vermont residents are blind or visually impaired. Vision problems can complicate an individual's ability to perform daily tasks, stay mobile inside and outside the home, and enjoy leisure activities. Additionally, Vermont's rural nature makes it less likely for those with visual impairments to encounter others who face similar challenges, and thus creates feelings of isolation and a sense that they are not understood by their peers.

During Fiscal Year 2013, VABVI served 1,417 clients from all 14 counties in Vermont, including 1 student in Moretown and 114 adults and 24 students in Washington County.

Since 1926, VABVI, a nonprofit organization, has diligently pursued our mission of enabling Vermonters with vision problems, whether blindness or impairment, to achieve and maintain independence. We are the *only* private agency in Vermont to offer a complete range of services to visually impaired residents – and at no cost to the client.

Services include Rehabilitation (adapting daily living tasks to allow those with low vision to live independently); Orientation and Mobility (providing white cane and guide dog instruction, allowing individuals to navigate through their home and community independently); Assistive Technology (adaptive aids allow clients to successfully perform most activities they desire); Social Networking (improving social skills and providing a support network); and Statewide Transportation (volunteer drivers provide rides to medical appointments, grocery stores and for personal visits).

VABVI has four offices statewide, located in Brattleboro, Montpelier, Rutland and South Burlington. For more information about VABVI's services, or to volunteer, please contact us at (800) 639-5861, email us at [general@vabvi.org](mailto:general@vabvi.org) or visit us our website at [www.vabvi.org](http://www.vabvi.org).

*If you would prefer to receive this information by email, please contact Emily Mason, Development Coordinator, at [emason@vabvi.org](mailto:emason@vabvi.org) or (800) 639-5861 ext. 217.*



VERMONT ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED  
Toll Free (800) 639-5861 website [www.vabvi.org](http://www.vabvi.org)





CREATING SAFER COMMUNITIES  
ENDING VIOLENCE AGAINST WOMEN  
TOGETHER

Circle continues to evaluate and improve upon existing services available to victims of intimate partner violence. In fiscal year 2013, services were modified and expanded in order to better accommodate the increased needs of victims living in a rural community. Throughout all of these changes, Circle staff and volunteers were kept extremely busy providing the following services:

Staff and volunteers responded to 5,399 hot line calls, an average of 449 calls per month, and an increase of 4% from last year.

- Shelter services were provided to 32 women and 27 children for a total of 1,326 bed nights.
- Our prevention based programs in schools reached a total of 2,055 students in Washington County through the 79 presentations and long-term support groups held during this fiscal year.
- Circle provided community presentations to 806 individuals through the 41 trainings and workshops offered to individuals and professionals in Washington County.
- Advocates provided support to 108 plaintiffs during Final Relief from Abuse Hearings, and assisted 111 individuals file for temporary orders.
- Court Education Program was presented to 261 individuals, and our Court Hour Program, which offers one-on-one support to plaintiffs as they prepare for their final hearings, was offered to 61 individuals.
- Over 1,500 people received direct services from Circle, which are maintained by trained staff and volunteers.
- Our organization continues to rely heavily on the vast support of its many dedicated volunteers; Board Members, Hotline Advocates, Group Facilitators, and Shelter Support have all contributed 7,125 hours to the work of Circle.

P.O. Box 652, Barre, Vermont 05641



**24-Hour Toll-free Hotline: 1-877-543-9498**

Formerly Battered Women's Services and Shelter

## **Central Vermont Community Action Council Fall 2013 Report to the Citizens of Moretown**

Since 1965, the Central Vermont Community Action Council has served low-income residents of Lamoille, Orange, and Washington Counties and nine communities in Windsor, Addison, and Rutland Counties. We help people build better lives for themselves, their families and their communities. This year, Central Vermont Community Action Council served 17,753 people in 9,264 Vermont households through Head Start and Early Head Start, business development, financial education, food shelves and nutrition resources, housing counseling, tax preparation, teen parent education, emergency heating assistance, home weatherization, workforce training, healthcare navigation, ongoing disaster relief, and more.

Programs and services accessed by 18 Moretown households representing 23 individuals this past year included:

- 9 individuals in 6 households accessed nutritious meals and/or meal equivalents at the food shelf.
- 5 households with 6 family members were able to keep heating their homes with help from our Crisis & Supplemental fuel programs as well as other utility costs.
- 2 individuals worked with housing counselors to find and retain affordable, safe, secure housing.
- 2 households were weatherized at no charge, making them warmer and more energy efficient for residents, including seniors.
- 1 person attended classes or met one-on-one with a financial counselor to be better able to manage and grow family finances.
- 1 entrepreneur received counseling and technical assistance on starting or growing a business.
- 3 people saved towards an asset that will provide long-term economic security. With savings, homes were purchased; businesses were capitalized and people enrolled in higher education or training.

**Community Action thanks the residents of Moretown for their generous support this year!**



## CENTRAL VERMONT ADULT BASIC EDUCATION IN MORETOWN

### *~~~Local Partnerships in Learning~~~*

- Central Vermont Adult Basic Education (CVABE) is a community-based nonprofit organization serving the basic education and literacy needs of **Moretown** adults and teens for forty-eight years.
- CVABE serves as central Vermont's resource for free, individualized academic tutoring for individuals (ages 16- 90+) in:
  - basic reading, writing and math literacy
  - English language skills for immigrants and refugees
  - college and employment readiness skills
  - GED (General Equivalency Diploma) and high school diploma preparation and assessment
- CVABE has six welcoming learning centers located throughout the organization's tri-county service region, including a Learning Center in downtown Waterbury and one in downtown Montpelier. We collaborate closely with schools, libraries, employers, and a great number of other community resources to make our unique service locally accessible. Our welcome extends to everyone.
- Over the past 10 years, an average of 4-5 residents of Moretown have enrolled in CVABE's free programs annually. Teachers instruct students one-to-one and/or in small groups. Each student has a personalized education plan to address his/her learning goals. These goals might include: getting or improving one's job, earning a high school credential, helping one's children with homework, budgeting and paying bills, reading important information, obtaining a driving license, preparing for college, gaining citizenship, and more. *As parents gain literacy, their children are twice as likely to grow up literate themselves.*
- In recent years, CVABE has provided free instruction to approximately 700 people annually in its overall service area of Washington, Orange and Lamoille Counties. *Nearly all students are low income.* It currently costs CVABE \$2,080 per student to provide *a full year* of instruction. A cadre of 120 community volunteers works with CVABE's professional staff to meet the large need for these services while keeping overhead low.
- We are deeply appreciative of Moretown's voter-approved *past* support. This year, your level support of \$1,200 is again *critical* to CVABE's free, local education services. Only a portion of CVABE's budget is comprised of state and federal support. *Funding is needed each year from the private sector and from the towns and cities we serve, or we could not help many of the neighbors who need education for a better life.*
- **For more information** regarding CVABE's basic education and literacy instruction for students, or volunteer opportunities, contact:

**CVABE's Waterbury Learning Center**

141 South Main Street, Waterbury, VT 05676

(802) 244-8765

or

**CVABE's Montpelier Learning Center**

100 State Street, Suite 3, Montpelier, VT 05602

(802) 223-3403

[www.cvabe.org](http://www.cvabe.org)

# YOUTH SERVICE BUREAU

The Washington County Youth Service Bureau/Boys & Girls Club

## THE WASHINGTON COUNTY YOUTH SERVICE BUREAU/BOYS & GIRLS CLUB Is an Important Resource to the Residents of Moretown

**Agency Name:** Washington County Youth Service Bureau/Boys & Girls Club

**Mailing Address:** PO Box 627, 38 Elm Street

**Contact Person:** Kreig Pinkham

**Email:** [wcysb@wcysb.org](mailto:wcysb@wcysb.org)

**Telephone:** 802-229-9151

**Amount being requested:** \$150

**Organizational tax status:** 501(c)(3) non profit

**Age of organization:** 40

**Website:** [www.wcysb.org](http://www.wcysb.org)

### 1. How many Moretown citizens were served by your organization last year and in what ways?

36 Moretown citizens were served by the Bureau in the following ways:

- ➔ **1 Teen** participated in the **Basement Teen Center** in Montpelier that provides supervised drop-in time, leadership opportunities, and a variety of activities.
- ➔ **4 Teens** were provided with ongoing **Substance Abuse Treatment**. This includes substance abuse education, intervention, assessments, treatment and positive life skills coaching. Support is also available for families.
- ➔ **2 Teens** participated in the **Transitional Living Program** that helps homeless youth ages 16-21 make the transition to independent living. This program teaches life skills and budgeting; assists with employment and education goals; and provides direct rent assistance.
- ➔ **2 Family members** (1 teen and 1 child) participated in the **Teen Parent Program** that helps teen parents build parenting and life skills, continue their education, and create healthy homes.
- ➔ **18 Teens** were provided with critical information and education about the challenges and realities of teen parenting through presentations of the Bureau's **Teen Parent Panel**, comprised of pregnant and parenting Washington County teens.
- ➔ **10 Community Members** were served through the **40th Annual Free Community Thanksgiving Dinner** organized by the Bureau.



P.O. Box 627, 38 Elm Street, Montpelier, VT 05601, Phone: 802-229-9151  
Email: [wcysb@wcysb.org](mailto:wcysb@wcysb.org) Fax: 802-229-2508 Website: [www.wcysb.org](http://www.wcysb.org)

# YOUTH SERVICE BUREAU

The Washington County Youth Service Bureau/Boys & Girls Club

**2. On what basis is your request for funds made (e.g. population, number of people served, matching/local funding, or some other clear formula)?**

The Bureau has been providing services to the residents of Moretown for 40 years, and for at least the past twenty years, has requested \$150 from the Town of Moretown to support service delivery. **This year's funding request represents a cost of approximately \$4.16 per person served.** This is only a small fraction of the cost of the services provided by the Bureau. Most of the services provided to Moretown residents have involved multiple sessions, counseling services were provided by certified or licensed counselors, and emergency temporary shelter included 24-hour supervision, meals, and transportation.

**3. From what sources does your organization receive its funding?**

The Bureau receives funds from federal government grants, state government grants and contracts, private foundation grants, Medicaid and other insurance, private donations, and fund raising activities. The Bureau requests funding from each town in Washington County, as local dollars are a critical financial resource for our agency. Funds from the town of Moretown are used directly to support youth services. **No funds are used to support administrative expenses.**

**4. Please describe concrete ways that your program(s) benefit from Moretown support.**

Local dollars are a critical financial resource for our agency. In addition to providing direct support for program operation, local dollars speak very loudly in convincing other funding sources that the Bureau meets a real need in the local community, and is viewed by local citizens as an important resource. Many of our government funders require that our agency demonstrate "matching support" from non-federal resources and town dollars help us fulfill that requirement. Town dollars also allow the Bureau to secure AmeriCorps members and A\*VISTA members to help deliver quality youth programming. Support from the Town of Moretown has been critical over the years and continues to be so.

**5. In what ways are Moretown residents actively involved in your organization (e.g. as volunteers, board members or employees)?**

Over the years the Youth Service Bureau has had Board members, staff members, and numerous volunteers from Moretown. Currently, one staff member is a resident of Moretown.



P.O. Box 627, 38 Elm Street, Montpelier, VT 05601, Phone: 802-229-9151  
Email: [wcysb@wcysb.org](mailto:wcysb@wcysb.org) Fax: 802-229-2508 Website: [www.wcysb.org](http://www.wcysb.org)

# YOUTH SERVICE BUREAU

The Washington County Youth Service Bureau/Boys & Girls Club

**6. Please add anything else that you believe might be important voter information.**

The Bureau's mission is *"To provide a wide range of innovative and effective programs that empower and enrich the lives of youth and families in Washington County, and to provide leadership and support to other youth programs throughout Vermont."* We accomplish this through a variety of programs including: ■youth & family counseling; ■a program for runaway youth; ■a transitional living program for homeless youth; ■an adolescent substance abuse treatment program; ■a teen parent program; ■a transitional living program for young men returning from jail; ■a peer outreach program; ■two teen centers; ■a substance abuse prevention program; and ■a 24 hour crisis service. The Bureau also operates 4 statewide youth-focused coalitions. All Bureau services are available to Moretown residents and no one is turned away for inability to pay.

Referrals to the Washington County Youth Service Bureau/Boys & Girls Club come from parents, teachers and other school personnel, other area organizations, the Vermont Department of Children and Families, the Vermont Department of Corrections, churches, police officers, and young people themselves. Many referrals are received through the agency's **24-Hour Crisis Response Service**.

The Youth Service Bureau has received funds from the citizens of Moretown for over 20 years. Our agency deeply appreciates this ongoing support and strives to offer excellent services to Moretown residents. We would be happy to answer any questions and welcome input from the residents of Moretown.

**For Information and Assistance Call**  
**The Washington County Youth Service Bureau/Boys & Girls Club**  
**229-9151**  
**24 Hours a Day – 7 Days a Week**



P.O. Box 627, 38 Elm Street, Montpelier, VT 05601, Phone: 802-229-9151  
Email: [wcysb@wcysb.org](mailto:wcysb@wcysb.org) Fax: 802-229-2508 Website: [www.wcysb.org](http://www.wcysb.org)

# **WATERBURY AREA SENIOR CITIZENS ASSOCIATION**

14 Stowe St.  
Waterbury, Vt. 05676  
802.244.1234

## **Annual Report for Moretown 2013**

The Waterbury Area Senior Citizens Association mission is to enrich the lives of older persons by providing services and activities that sharpen the minds and improve the physical and emotional health of its members and help keep them active and involved in the life of the community. The Center offers weekday Meals on Wheels and Congregate meals. Also low impact exercise classes, bingo, Wii games, Mexican train dominoes, cribbage games, book discussions, and cutthroat canasta. Monthly foot care clinics, yearly AARP safe driving classes and AARP tax return assistance. In addition to these activities, we have decorated cookies and made chocolates at Christmastime; held both a Thanksgiving and Easter basket raffle, and sold items made from yarn donated by the community.

The Center is currently providing a great service to the current residents of the Town of Moretown. Our biggest expense of WASCA is providing 70 hot weekday and home delivered meals. Meals on Wheels are delivered by our seniors to our homebound seniors. More than 95 % of our clients are disabled or live in low to moderate income households in Waterbury, Duxbury, Moretown, Bolton and Middlesex. The government reimburses us only \$3.50 per meal. We need to raise the remaining \$70,000 or \$4.00 per meal for 17,500 meals. Currently, we are on target to serve over 17,500 meals for our fiscal year that ends September 2014, but the need outweighs the funds. We are seeing more of a need, as there is a strain on family budgets due to the higher cost of heating fuel, gasoline, health insurance, and prescriptions.

We deliver 45 meals on wheels each day and the number continues to increase. In the past year we have delivered to approximately 11 clients in Moretown, and served an additional 25 residents of Moretown both for meals and other programs. We currently average \$1.39 per meal in donations for Meals on Wheels and Congregate meals for fiscal year 2013. We are prohibited by federal regulations from charging for our meals and only suggest that seniors contribute \$4.00 per meal if they can afford it. Our average meal contribution is well below this amount but we will not discourage seniors from enjoying a hot meal even if they cannot pay.

Currently the town of Moretown has appropriated \$2,500 to the Waterbury Area Senior Citizens Association, this year we are asking for \$2,500. Historically the town of Waterbury has given us \$30,000 towards expenses, and Middlesex appropriated \$10,000 in the past. We have been asked by the Waterbury Select Board to ask other towns to bear more of the cost for using our services.

The generosity of our senior members and the community support is wonderful. The past year the members raised and received in donations \$66,700. We hope that the citizens of Waterbury, Duxbury, Moretown, and Middlesex will continue their high level of support for the Waterbury Area Senior Citizens Association. The center has looked at many ways to reduce our overhead. We use reusable meals on wheels trays that can be used between 4 and 7 years. This helps with having to purchase less Styrofoam and paper products. The Moretown Landfill donated space for us to start a garden so that the seniors could produce more of the food we serve on a daily basis. We also can and freeze fresh produce to use during the long winter months when fresh food prices are extremely high.

The Waterbury Area Senior Citizens Association has served this town well, and the town and the residents have supported us. We are also currently looking for Moretown residents to consider joining our board. If you have never been to the center we encourage you to come see what we are all about. Thank you for your continued support.

Karol Smith  
Executive Director

## **MAD RIVER VALLEY SENIOR CITIZENS, INC (MRVSC)**

### **2013 TOWN REPORT**

The Mad River Valley Senior Citizens (MRVSC) Board of Directors wishes to thank the select boards, businesses, and citizens of the four Valley towns for their support of our work providing nutritional meals and health and wellness opportunities for seniors in our community. We are also deeply grateful to the many community volunteers who make our programs possible.

The Central Vermont Community Land Trust, CVCLT, provides MRVSC with kitchen and dining space at its Evergreen Place housing facility, located on Route 100 in Waitsfield, just north of the Route 100/Route 17 junction. In FY2013, we served over 5,300 meals at the senior dining room, with three weekly group meals (Mondays, Tuesdays, Thursdays) and daily Meals on Wheels (MOW) meal preparation on Mondays-Fridays. Please drop in during a lunch on Tuesdays or Thursdays or breakfast on Monday to check us out. Times for meals and activities are posted in the Valley Reporter and on Front Porch Forum.

MRVSC receives support from the Central Vermont Council on Aging, Vermont Food Bank, Vermont Center for Independent Living, the four Valley towns, Mad River Valley Rotary, and community fundraisers and donations. The Central Vermont Council on Aging now provides additional funding support for the use of local foods. We look forward to working with area farmers to expand our use of local produce and meats in the coming year.

In addition to meals, MRVSC coordinates activities, lectures, and wellness resources with area health agencies, including the Support and Services at Home (SASH) program. SASH program staff members Kenneth Russell and Boo Smith, RN are onsite in Evergreen Place twice weekly and provide free exercise programs, games, educational talks, and blood pressure checks.

Central Vermont Home Health & Hospice provides nursing support for monthly foot clinics and seasonal flu clinics.

In 2013, we were awarded a grant from the Planseon Trust administered by the Warren Church, which will support three field trips for seniors in our community. In December, we gathered 26 seniors for a trip to Trapp Family Lodge where we enjoyed a delicious holiday lunch.

The departure of the dynamic duo of Gail and Heli Heitzger, who moved out of the Valley in October, has left a big hole in our hearts. They devoted over 14 years of service to the MRVSC in various roles.

Our new part-time site coordinator, Dara Torre, has picked up where Gail left off organizing programs, reporting, and outreach. Dara works directly with Lorraine



Wimble to plan meals to coordinate with special events, guests, birthdays, etc. Lorraine, a longtime MRVSC employee, plans and prepares all meals, with assistance from her loyal kitchen volunteer staff.

Two devoted board members, Kathie Friedman and Carole Crossman, completed their terms as President and Vice President. Our sincere thanks to them for all their work and creativity over the years. There are a variety of ways to make a difference in the lives of seniors, and your feedback is important to us. If you are interested in volunteering or have questions for us, please contact the MRVSC board at [mrpsc@gmavt.net](mailto:mrpsc@gmavt.net).

MRVSC Board of Directors:

Val Hale                      Anna Stegemoeller

Fran Plewak                Marise Lane

Vince Gauthier

Alice Tenbeau, MOW Co-Coordinator

Gene Fialkoff, MOW Co-Coordinator