

Vermont Department of Health Report for Moretown

Your Health Department district office is in Barre City at the address and phone number above. Come visit or give us a call! At the Vermont Department of Health, we are working every day for your health. With our headquarters and laboratory in Burlington and 12 district offices around the state, we deliver a wide range of public health services and support to your community. For example, in 2014 the Health Department:

Supported healthy communities: For the past two years, Washington County Youth Services Bureau has been granted \$130,000 by the Department of Health. These funds are being used to create the conditions that reduce alcohol use and prescription drug abuse among youth in Moretown and other towns in the county.

Facilitated discussion on opiate addiction: Following the Governor's Forum on Opiate Addiction, regional meetings took place around the state including 529 in-person participants. Central Vermont has created a community steering committee. We are exploring many needs, including a statewide 211/United Way web page to help navigate resources and information.

Promoted school gardens: Working in partnership with Central Vermont Food Systems Council, we recently achieved our collective vision to have a garden in every Washington County school. We will provide technical assistance to sustain these efforts in the years to come.

Helped improve access to summer meals: We collaborated with Hunger Free Vermont as well as Barre, Washington Central and Washington Northeast Supervisory Union sponsors to establish more summer meal sites and remove barriers to participation. Over 30,000 meals were served at 30 sites in our district, representing a 35% increase in the number of meals served as compared with 2013.

Provided WIC food and nutrition education to families: We served about half of all Vermont families with pregnant women and children to age 5 with WIC (Women, Infants and Children Supplemental Nutrition Program). WIC provides individualized nutrition education and breastfeeding support, healthy foods, and a debit card to buy fruit and vegetables. In Moretown, 24 women, infants, and children were enrolled in WIC. The average value of foods provided is \$50 per person per month.

Worked to prevent and control the spread of disease: From January to September 2014 we responded to 149 cases of infectious disease in Washington County. In 2013, approximately \$13 million of vaccine for vaccine-preventable diseases was distributed to healthcare providers statewide; \$1.4 million of which was in your district's area.

