

MAD RIVER VALLEY SENIOR CITIZENS, INC.  
2016 REPORT

Senior Citizens (MRVSC) Board of Directors sincerely appreciates the continued support of the businesses and citizens of the Mad River Valley. With your support, we have been successful in our mission to provide nutritional meals, opportunities for social connection, and access to health and wellness resources for seniors in our community for over 30 years. In addition to three part-time staff, we are fortunate to have so many caring volunteers who are central to this success. In FY2016 we served over 9,326 meals at the senior center dining room in Evergreen Place in Waitsfield and to our Meals On Wheels (MOW) clients in four towns. We serve three weekly community meals (Monday breakfast, Tuesday and Thursday lunches) and prepare daily dietician-approved lunches for MOW clients. All meals are by donation. In addition to meals, we offer educational talks, our popular Armchair Travelogue series, craft days, game days, exercise options, and music.

In addition to donations from patrons and clients, MRVSC receives financial support from the Central Vermont Council On Aging, the four Valley towns, Vermont Center for Independent Living, and community donations. The Mad River Valley Rotary, Mehuron's, Shaws and many local businesses and individuals provided us with generous donations through gifts, attendance at our fundraisers, and via our coin collection cans at area retailers. Please visit our new website ([www.mrvseniors.org](http://www.mrvseniors.org)) and our facebook page (MRV SENIORS) for info on our services and links to resources.

We wish to acknowledge our many partners in community health, from local farmers and the Vermont Foodbank to area organizations, including Community Harvest of Central Vermont, Downstreet Housing, the Support and Services at Home (SASH) program, the MRV Interfaith Council, Central Vermont Home Health and Hospice, Upper Valley Services, RSVP, and Council of Vermont Elders (COVE). We welcome a new board member Susan Day of Fayston and a new Coordinator, Lisa Townsend and two new activity directors. We also acknowledge our MOW Co-Coordinators Alice Tenbeau and Gene Fialkoff

Respectfully Submitted: MRVSC Board of Directors – Nancy Emory, Co-Chair; Vince Gauthier, CO-Chair; Sue Stoehr, Treasurer; Susan Day, Secretary; Marise Lane; Spencer Potter.