



Promoting Healthy Aging
Senior HelpLine: 1-800-642-5119

Central Vermont Council on Aging Report of Services to Moretown

Central Vermont Council on Aging is a private, nonprofit organization that is dedicated to the mission of supporting elders and family caregivers in leading self-determined, healthy, interdependent, meaningful and dignified lives in their homes and communities.

For more than 40 years, CVCOA has assisted older Vermonters aged 60 and up to remain independent for as long as possible. We connect the elders in our communities to the network of benefit programs and services that they need to thrive. All services are made available to our clients at no charge without regard to health, income or resources.

Some of the options we make available include:

- Senior HelpLine – (800) 642-5119 – has the answers to hundreds of common questions from elders, families and caregivers
- Information & Assistance staff counsel elders and families on the many available benefit programs and services, such as 3SquaresVT, seasonal fuel assistance, and more
- Case Managers work with clients in their homes to assess needs and develop, implement and coordinate individualized long-term care plans
- Nutrition Services oversees the menu development for home-delivered and community meals and provides the largest source of funding for the 14 meal sites that prepare and deliver these meals
- State Health Insurance Program (SHIP) provides personalized Medicare counseling, group training, and enrollment assistance for Medicare Part D plans
- Family Caregiver Support promotes the well-being of the family members who help to make it possible for seniors to remain in their home

In the past year, we have touched the lives of thousands of elders throughout Central Vermont, including 14 Moretown families. Lisa Mercurio is the Case Manager dedicated to working directly with the seniors in Moretown and provided at least 47 hours of service directly with 7 seniors in the past year. In addition, our Senior HelpLine has responded to 19 calls and 9 seniors received nutritional support through our wellness programs.

All of us at CVCOA extend our gratitude to the residents of Moretown for their ongoing commitment to the health, independence, and dignity of those who have contributed to making the Central Vermont communities what they are today.